

IN THE LOOP

The Official Newsletter for the Glennville Community & Rodeo



IN THE LOOP

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Don't find yourself *out of the loop*

NEXT IN THE LOOP COPY DEADLINE IS
 APRIL 1, 2015 —
 SO SEND IN THOSE ARTICLES AND PHOTOS
www.glennvilleroodeo.org

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How Do You Spell **SUCCESS**?

At the 66th Annual Glennville Rodeo, we spell it like this:

Sponsors! With a record number of sponsors for the rodeo and our queen contest, we were able to begin the first day of rodeo with all our financial obligations paid—even before we had sold one ticket or one hamburger. That has never happened before in the history of the GMVA. We cannot thank our sponsors enough for all their support and investment in our organization and in the future of the Glennville Rodeo.

Unity! Our amazing GMVA members worked together as a team to get the rodeo grounds ready and to provide service to all our rodeo guests throughout the days. We served over 600 hamburgers, 400 hot dogs, welcomed about 1200 rodeo fans on rodeo Sunday, had a packed house for the rodeo dance and for cowboy church the next morning. Without our great volunteers, this monumental task would not be possible.

Caring! The GMVA has found a great opportunity in coming alongside the Small Miracles Foundation to host their annual fund-raising banquet during the Glennville Rodeo. Friday night, we were able to welcome leaders in local industries to raise funds for the Small Miracle Foundation. The GMVA volunteers served 400 steak dinners to guests and the silent and live auction together raised \$200,000 dollars to help families dealing with the heartbreak of childhood cancer.

Capacity! Our campgrounds and VIP decks were filled to capacity on rodeo Sunday, demonstrating the growing popularity of the Glennville Rodeo! Rodeo fans came from far and wide to see the best in professional rodeo action!

Energy! With NFR qualifiers competing in saddle bronco riding and team roping events during the rodeo,

our crowd was excited to see who would win the battle for the custom made Montana Silversmith trophy spurs. The Wright brothers reigned supreme over our local favorites, but there is always next year guys!

Special Man! The GMVA was pleased to honor two very special people at the 2014 Glennville Rodeo. Our grand marshal was Stanley Hought, longtime Glennville resident and veteran. Stanley was voted to be our grand marshal by the GMVA



GMVA Rodeo Commander Bret Rogers presents Mary Trichell with the 2014 Legacy Award Spurs

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COMMUNITY CALENDAR

NOVEMBER 1

Woody Community Center Halloween Party
 Oak Tree Community Hall
 Dinner, costume contest, hay ride for the kids and dancing for the adults - Begins at 5 pm

NOVEMBER 1

KCCA 8th Annual Sporting Clay Shoot
 5 Dogs Shooting Range - Check in 8:30 am

NOVEMBER 8

GMVA Reverse Drawing
 GMVA Community Hall - Glennville
 Dinner & Dance 5:30 pm

NOVEMBER 29

Annual Holiday Gift & Craft Faire
 GMVA Community Hall - Glennville
 8 AM - 3 PM

See Related Article on Page 6

DECEMBER 20

Woody Christmas Party: Performances by the Blake School students & Elberon Christian Church Childrens Program. Dinner begins at 5:30 pm
 Also... a visit from Santa!!!!

DECEMBER 19

Linns Valley School present their Christmas Program - 6:30 pm
 GMVA Hall - Cookies & Hot Drinks Served

DECEMBER 12, 13, 14

Christmas Dessert at Mt. Carmel Community Church, Glennville - times vary
 For more information contact Pastor Knox at 661-536-8238

JANUARY 23, 2015

Cattleman & Cattlewomen of the Year Awards
 Presentation Dinner - Petroleum Club

FEBRUARY 14, 2015

Sweetheart's Valentine Dinner & Concert
 GMVA Community Hall - Glennville
 Seating is Limited - Reserve Yours Today!!!

TICKETS WILL NOT BE SOLD AT DOOR - PRE-SALE ONLY

JUNE 7, 2015

67th Annual GMVA Rodeo
 NEW WEEKEND!!

GMVA Reverse Drawing Dinner / Dance

Howard Bailey, former GMVA Commander, knew the Greenhorn Mountain Veterans Association had to do something to raise funds for grounds maintenance and improvement. The rodeo was not able to generate enough funds at that time for the growing needs of the GMVA facilities. After investigating many options, he decided our community would support a Reverse Drawing Dinner and Dance – and history was made. Howard was right! The mountain communities would support the GMVA Reverse Drawing Dinner and Dance and now for over 20 years, we have put forth our best effort to present an evening of great food, fellowship and fun while raising the much needed funds for GMVA Rodeo grounds improvement projects.

Tickets are now on sale from GMVA members or by calling Bret or Erin Rogers for the Reverse Drawing Dinner and Dance on Saturday, November 8th. Cocktail hour begins at 5 PM, with dinner being served at 6 PM. Music will be provided by the *Steve Woods Band* immediately following the drawing. Cash and merchandise will be given out to at least every ten tickets drawn with the final cash prize of up to \$3000. New this year, we have added a gun raffle to the Reverse Drawing event. Tickets are \$10.00.

The GMVA Board of Directors and members have identified two much needed improvement projects to be funded by the proceeds. Bids have been received for kitchen & bath flooring, and possibly an industrial dishwasher. They are also assembling local

experts in the field of construction to begin the process of designing and developing new grandstand seating—removing the old wooden benches forever! These are both costly and ambitious projects, but we believe they are well worth the investment in our community. In 2014 we replaced the old heaters and coolers in the community hall with new, energy efficient HVAC units, providing a cleaner look inside and cooler air in the summer and warmth in the winter With your purchase of a Reverse Drawing Ticket, our goal of having a beautiful and improved rodeo facility will be achieved!

Please contact a GMVA member for your ticket today, or call Bret and Erin Rogers at 536-8941.

GUN RAFFLE TICKETS - \$10.00

Cont'd on page 2

California Drought Watch

Key findings:

Contributed by UC Davis

The 2014 drought is responsible for the greatest reduction in water availability for California agriculture ever seen, about one third less than normal.

The total statewide economic cost of the 2014 drought is \$2.2 billion.

The loss of 17,100 seasonal and part-time jobs related to agriculture represents 3.8 percent of farm unemployment.

428,000 acres, or 5 percent, of irrigated cropland is going out of production in the Central Valley, Central Coast and Southern California due to the drought.

The Central Valley is hardest hit, particularly the Tulare Basin, with projected losses of \$810 million, or 2.3 percent, in crop revenue; \$203 million in dairy and livestock value; and \$453 million in additional well-pumping costs.

Agriculture on the Central Coast and in Southern California will be less affected by this year's drought, with about 19,150 acres fallowed, \$10 million in lost crop revenue and \$6.3 million in additional pumping costs.

Overdraft of groundwater is expected to cause additional wells in the Tulare Basin to run dry if the drought continues.

The drought is likely to continue through 2015, regardless of El Niño conditions.

Consumer food prices will be largely unaffected. Higher prices at the grocery store of high-value California crops like nuts, wine grapes and dairy foods are driven more by market demand than by the drought.

Groundwater management in California is a "slow motion train wreck."

El Niño - is help on the way?

According to the Pacific Institute, Federal weather forecasters at the National Oceanic and Atmospheric Administration have increased the probability that an El Niño weather system will develop this winter to 78%, up from 66% last month. According to the International Research Institute for Climate and Society at Columbia University, El Niño events tend to develop between April and June, and reach maximum strength between December and February.

Although these events tend to produce more rainfall in California, development of an El Niño would not guarantee an end to drought conditions. While they tend to produce wetter conditions in southern California, precipitation in central and northern California is more unpredictable. "I don't want to recommend that you invest any of your retirement in the umbrella market yet," said Bill Patzert, a research scientist and oceanographer at NASA's Jet Propulsion Laboratory in Pasadena.

8 Ridiculous Myths About Eating Meat

KRIS GUNNARS, AUTHORITY NUTRITION

There is a lot of nonsense in nutrition.

One of the worst examples is the constant propaganda against meat consumption.

Here are 8 ridiculous myths about meat consumption and health.

1 Meat Rots in Your Colon

Some people claim that meat doesn't get digested properly and "rots" in your colon.

This is absolute nonsense, probably invented by dishonest vegans in order to scare people away from eating meat.

What happens when we eat meat, is that it gets broken down by stomach acid and digestive enzymes. In the small intestine, the proteins are broken down into amino acids and the fats are broken down into fatty acids.

After that, they get absorbed over the digestive wall and into the bloodstream. There's nothing left to "rot" in your colon. If you want to know what really "rots" in your colon, it's indigestible plant matter (fiber)... from vegetables, fruits, grains and legumes.

The human digestive system doesn't have the enzymes necessary to break down fiber, which is why it travels all the way to the colon. There, it gets fermented (rots) by the friendly bacteria in the intestine, which turn it into nutrients and beneficial compounds like the short-chain fatty acid butyrate.

This is what keeps the friendly bacteria alive and many studies are showing that feeding these bacteria properly is incredibly important for optimal health. So, meat doesn't rot in the colon. Plants do... and this is actually a good thing.

Bottom Line: The nutrients in meat are broken down and absorbed way before they reach the colon. However, fiber from plants does ferment ("rot") in the colon, which is actually a good thing as it feeds the friendly bacteria.

2 Meat Is High in Harmful Saturated Fat and Cholesterol

One of the main arguments against meat, is that it tends to be high in both saturated fat and cholesterol. But this really isn't a cause for concern, because new science has shown both of them to be harmless.

Despite being seen as something to be feared, cholesterol is actually a vital molecule in the body. It is found in every cell membrane and used to make hormones. The liver produces large amounts of it to make sure we always have enough.

When we get a lot of cholesterol from the diet, the liver just produces less of it instead, so the total amount doesn't change much. In fact, in about 70% of people, cholesterol in the diet has negligible effects on cholesterol in the blood.

In the other 30% (termed hyper-responders), there is a mild elevation in LDL cholesterol, but HDL (which is protective) also goes up. The same is true with saturated fat, it also raises HDL (the "good") cholesterol.

But even when saturated fat and/or cholesterol cause mild increases in LDL, this is not a problem because they change the LDL particles from small, dense LDL (very bad) to Large LDL, which is protective. Studies show that people who have mostly large LDL particles have a much lower risk of heart disease.

Therefore, it is not surprising to see that in population studies that include hundreds of thousands of people, saturated fat and cholesterol are not associated with an increased risk of heart disease. In fact, some studies show that saturated fat is linked to a reduced risk of stroke, another very common cause of death and disability.

When they put this to the test in actual human experiments, making people cut saturated fat and replacing it with "heart healthy"

vegetable oils (which happen to lower cholesterol), it actually increases the risk of death.

Bottom Line: It is true that meat tends to be high in saturated fat and cholesterol, but this is not a cause for concern because they do not have adverse effects on blood cholesterol or increase the risk of heart disease.

3 Meat Causes Heart Disease and Type 2 Diabetes

Strangely enough, meat is often blamed for Western diseases like heart disease and type 2 Diabetes. Heart disease didn't become a problem until the early 20th century and type 2 diabetes only a few decades ago.

These diseases are new... but meat is an old food. Humans and pre-humans have been eating meat for millions of years (19). Blaming an old food for new health problems makes absolutely no sense.

Fortunately, we do have two very large, very thorough studies that can put our minds at ease.

In a massive study published in the year 2010, researchers pooled data from 20 studies that included a total of 1,218,380 individuals. They found no link between consumption of unprocessed red meat and heart disease or diabetes.

Another major study from Europe that included 448,568 individuals found no link between unprocessed red meat and these diseases.

However, both of these studies found a strong increase in risk for people who ate processed meat. For this reason, it is very important to make a distinction between the different types of meat. Many studies apparently showing that "red meat" is harmful didn't adequately make the distinction between processed and unprocessed meat.

Processed foods in general are pretty awful... this isn't just true of meat.

Bottom Line: Many massive studies have examined the relationship between meat consumption, heart disease and diabetes. They found a strong link for processed meat, but no effect for unprocessed red meat.

4 Red Meat Causes Cancer

One common belief is that meat, especially red meat, causes cancer. This is where things get a bit more complicated.

It is true that processed meat is associated with an increased risk of cancer, especially colon cancer. But when it comes to unprocessed red meat, things aren't as clear.

Although several studies suggest that even unprocessed red meat can raise the risk of cancer, review studies that pool the data from many studies at a time show a different picture. Two review studies, one that looked at data from 35 studies and the other from 25 studies, found that the effect for unprocessed red meat was very weak for men and nonexistent for women.

However... it does appear that the way meat is cooked can have a major effect on its health effects. Several studies show that when meat is overcooked, it can form compounds like Heterocyclic Amines and Polycyclic Aromatic Hydrocarbons, which have been shown to cause cancer in test animals.

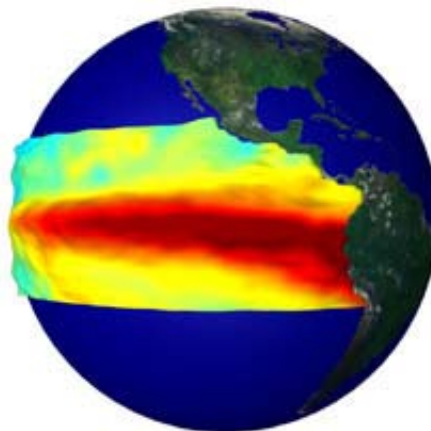
There are several ways to prevent this from happening...

Cont'd on page 11

What is El Niño?

by David Herring

Fishermen who ply the waters of the Pacific off the coast of Peru and Ecuador have known for centuries about the El Niño. Every three to seven years during the months of December and January, fish in the coastal waters off of these countries virtually vanish, causing the fishing business to come to a standstill. South American fishermen have given this phenomenon the name El Niño, which is Spanish for "the Boy Child," because it comes about the time of the celebration of the birth of the Christ Child. During an El Niño, the physical relationships between wind, ocean currents, oceanic and atmospheric temperature, and biosphere break down into destructive patterns that are second only to the march of the seasons in their impacts to weather conditions around the world.



Reverse Drawing Dinner & Dance

Cont'd from page 1

GUN RAFFLE
TICKETS \$10

**WINCHESTER MODEL 94
GOLDEN SPIKE COMMEMORATIVE
30-30 SADDLE RING CARBINE**

Proceeds benefit the GMVA Buildings and Grounds Improvement Project

Tickets are available now from GMVA members!

Linns Valley - Poso Flat School District

Upcoming School Board Elections

How to Choose a School Board Candidate: What Every Voter Should Know

Before you vote, find out what a school board does and what to look for in candidates

By GreatSchools Staff

Getting involved with your local board of education doesn't have to mean running your own campaign for a seat or taking detailed notes at every single meeting. The first simple step--one that every registered voter should take very seriously--is voting in the election of school board members.

Read on to find out how school boards work, what they do, how they can be effective and what you should know about the candidates before heading to the polls.

What is a board of education?

School board members make up the largest body of elected officials in the United States. We entrust them to set the policies of our most treasured institutions: our public elementary, middle and high schools. Every district has a board of education, and boards generally meet every month in meetings that are open to the public.

These gatherings range from tame rubber-stamping sessions to intense, provocative discussions with the community where controversial issues are debated and landmark decisions are made.

School boards are nonpartisan. In most districts, members serve four-year terms, and terms are staggered so seats don't become open all at once. In general, to run for school board, you have to be at least 18 years old, a citizen of the state, a resident of the district, a registered voter and eligible under the state constitution to be elected to public office.

In most cases, a school district employee can't be a board member in that district. This means no teacher, principal, librarian, custodian or anyone else that works in a school in the district can serve on the school board, unless they resign from the employed position.

School districts are complex corporations; they're often the largest employers in a community and the decisions they make reach far, affecting jobs, resources and most importantly, the education of all children.

What do they do?

Somewhere in between the agendas, public comment sessions and resolutions, school boards make a number of important decisions. School boards establish a vision for the community's schools. They have to set up and maintain an effective, efficient organizational structure for the district that lets the superintendent and administrators manage the schools, teachers teach and students learn.

They are responsible for hiring and evaluating a superintendent, evaluating and adopting policies that affect all schools in the district, serving as a judicial and appeals body when conflicts go unresolved, monitoring and adjusting district finances, and managing the collective bargaining process in the district.

A school board has a symbolic role as well. The behavior it shows off in the meeting room, the rapport among school board members and the relationships that members have with teachers and administrators in the district all add up to the climate of public education in a community. Whether healthy or dysfunctional, a school board has a heavy influence on the spirit that characterizes a community's impression of its school system.

How can I tell if my school board is doing a good job?

By attending a few school board meetings, you'll learn firsthand what school boards do. Call your district office to find out where and when meetings are held. Once you've observed your school board in action, you'll be prepared to ask the following questions:

How does the school board make decisions? Do the members function as predictable, single-issue advocates, or do they approach each decision with an open mind? Do they seem to make strategic choices for the well-being of the district? Strong decision-making requires analysis,

the balancing of needs and concerns, and the ability to see the long-term implications of an action.

How's the team spirit? Does the board exhibit a healthy group dynamic, or is it a parade of egos marching single-file? Do members show respect and trust for each other, and for the operating rules of the board?

Is the board's authority well defined? The classic challenges of management don't skip over your board of education. There's a delicate balance between the board's act of choosing a strong chief executive (the superintendent) and letting him or her lead the way and the board's tendency to get involved with many levels of decision-making.

Does the board understand the community? One of the most difficult parts of school governance is creating a strong relationship with the public. An effective board knows and respects its community, and encourages the community's trust in its school system.

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Three board positions for the Linns Valley - Poso Flat School District will be on the ballot this coming November. Two incumbents will be running along with three interested candidates for the three seats available.

On the November ballot:

Richard Brewer - Incumbent
Liz Davis - Incumbent
Mianna Beard - Mother/Rancher
Kristine Bowman - Secretary
Jennifer Lavers - Oncology Social Worker

Yolanda Pewitt & Courtney Howard are the remaining board members who are not up for re-election.

Two incumbents are running unopposed for their positions on the board at Blake School in Woody: Francis Moore and Yolanda Baxter-Cole



INTRODUCING THE 2014 - 2015 GMVA Board

Commander: Bret Rogers
First Vice: Gary Watt
Secretary: Carrie Shreffler
Quartermaster: Erin Rogers
Second Vice: Ray Schill
Chaplin: Jim Lewis
Sgt of Arms: Jerry Carver
Historian: Susan Stone

BOARD OF DIRECTORS:

Woody Melton, Bruce Carver
Jeff Stone, Dee Jaspar, Jim Lewis
Board Member Emeritus: Joe Trahan

FIRE CORPS PROGRAM AT POSEY

by Carrie Schreffler

The Posey Area Fire Auxiliary is working with the Tulare County Fire Department to implement the Fire Corps program in the Posey Area. This program gives people who are not able to be paid volunteers a means to help the Fire Department in various ways such as emergencies. Your participation is sorely needed as the Fire Station is only staffed by one person and there are only three volunteers at this time, and they are often not available. This would replace the CERT (community emergency response team) program which was set up for the same purpose. There were 20 local residents trained under CERT before it was terminated by the county.

Information on and applications for the program are available at the Posey Fire Station. If you want to pick up the information, be sure to call the station before you go, as the station is only manned four days on and two days off. If you have any questions about the program, you can call the fire station at 661-536-8557 or Paul Fuller at 661-536-8237.



Introducing the 2014 Miss Rodeo Glennville Royalty. *l-r* Princess Jaida Melton, Queen Calli Grant and Jr. Queen Megan Winkler

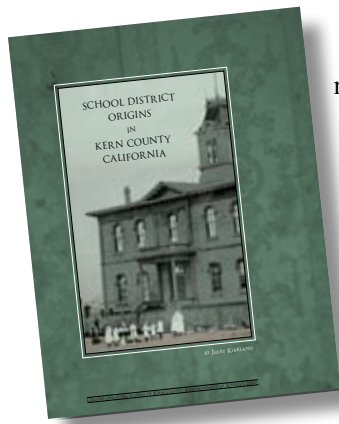
Introducing your new Glennville Rodeo Royalty- Miss Glennville Rodeo Queen Calli Grant, Glennville Jr. Queen Megan Winkler, and Glennville Princess Jaida Melton. These lovely young ladies will be traveling to different PRCA rodeos such as Tehachapi, Kern County Fair, Springville Rodeo, Bakersfield Stampede Days, and much more proudly representing the Greenhorn Mountain Veterans Association. They will also have a booth at the Cowboy Marketplace Christmas Roundup at Rancho Rio November 14-16. They will have prizes, games and information about the 2015 Miss Glennville Rodeo Clinic and Pageant.

It is never too early to begin pursuing your rodeo queen dreams! We will begin accepting contestants for the 2015 Miss Rodeo Glennville competition on January 1, 2015. Our Miss Rodeo Glennville Pageant Clinic will be held Saturday, March 21, 2015, 8 AM to 4 PM at the Rancho Rio Stables in Bakersfield. Your \$100 (cash or cashiers check only) entry fee is due at the clinic. The 2015 Rules and Regulations are available for download from our website as your guide to for the 2015 MRG Pageant Application process. (Please send requests for a Word Document copy of the application to Erin Rogers at gbretr@aol.com)

History of Linns Valley - Poso Flat School District

*From School District Origins in Kern County, California
Kern County Superintendent of Schools, 2010*

by Jerry Kirkland



The Linn's Valley - Poso Flat School District is located in the rugged mountain country northeast of Bakersfield. It is a large district in terms of area but is sparsely populated. The school and the district office are located on the same site in Glennville, at the southern end of Linn's Valley.

The area's first settlers arrived in Linn's Valley in 1853, most of them lured by news of a gold strike in the Greenhorn Mountains and along the Kern River. William Lynn was among those early settlers and it is he after whom the valley is named (although an altered spelling of his name has long been used and accepted).

Lynn and his partner, George Ely, were drawn to the area by gold but upon seeing the rich soil and noting the fine climate opted instead to take up farming. In 1854, the partners settled in

the north end of the valley, about five miles above Glennville, and began farming and raising stock. David Lavers joined them in their venture for a time but left in 1858, the same year that Lynn built a flour mill on the upper end of Poso Creek and also the year that George Ely died. Lynn left the valley in 1862 shortly after his flour mill was destroyed in a flood.

Lavers acquired a plot of ground near where the road from Visalia crossed Poso Creek. Thinking that it would be an ideal stopping point for weary travelers, he built a hotel there.

The McFarlane Road, which crossed over Greenhorn Mountain before winding its way down into Kernville, was completed in 1864. Lavers' hotel was well situated to accommodate the travelers and freighters who used that road. When Joseph Meyers opened a store near the hotel, what then came to be called Lavers Crossing was regarded as the trading center for Linn's Valley.

Note: In addition to Lynn and Lavers and Meyers, many of those early settlers would prove to be influential in the shaping of Kern County's early history and a number of them have descendants still living in and around Linn's Valley. A list would include: John Dunlap, Corbin Wicker, Andrew McFarlane, Shelby Pepper, William Standifer, Jephtha Pascoe, Radford Ellis, Alfred Hight, Matt Glenn, J. Perry Wilkes, James Rhymes, Joel Carver, Hiram Allen, Thomas Early, Joseph Likely, Samuel Reed, William Fugitt, Dr. Joseph Lively, James Carr, Joel Cross, Phineas Maddux, Hiram Hughes, John McKamy, John Berry, the Rev. Joseph Morrison and Thomas Fitzgerald.

Fitzgerald, an old mountain man who came into the Kern River Valley with Joseph Walker, built an adobe trading post and fort in what is now Glennville. Built before the Civil War, it stands today as the oldest existing residence in Kern County.

The distinction held by Lavers Crossing as the trading center for Linn's Valley was short lived. James Madison (Matt) Glenn filed on and acquired a nearby townsite which he named Glennville. From the beginning Glennville proved attractive to new settlers and was soon a thriving community. Thirty new dwelling were built and occupied and Matt Glenn opened a hotel, he and his wife, Sarah, serving as proprietors. Glennville soon had two blacksmith shops, a drugstore, a butcher shop, two churches, three saloons and, of course, a schoolhouse. A post office was established in 1872 with Matt Glenn serving as the first postmaster. By 1875, Linn's Valley was considered the largest settlement in Kern County.

The first school in Linn's Valley opened in 1854 in a somewhat unconventional setting. Having yet to build a proper schoolhouse, class was conducted under a large oak tree on a site now occupied by the barn on the Lavers ranch. Since there was no county government in place at the time, the school was likely funded through some form of subscription.

The first Linn's Valley schoolhouse, located across the street from the present school, was built and opened in 1865.

The Linn's Valley School District was one of four school districts formed in November, 1866. The County of Kern had been established earlier that year and the new Board of Supervisors, well aware of the need for an organized school system, ordered that districts be formed in Havilah, Kelso, and Tejon, as well as Linn's Valley. The Linn's Valley School that opened in 1868 was considerably larger than the original schoolhouse across the street. It had two rooms in the shape of an "L" and was more than adequate for the twenty-six pupils who were enrolled that first year.

Linn's Valley was the largest school district in Kern County from 1868 to 1873 and the county's first teacher institute was held there in 1873.

Once the Glennville community became well-established, Matt Glenn deeded five and a half acres of land to the school district for use as a school site. The original deed still exists. Dated January 11, 1875, the agreement called for Glenn to receive \$100 "in coin" for the property. (See deed on page 7)

Note: Matt Glenn achieved considerable success as an entrepreneur and businessman even though he may have been illiterate. He signed the deed to this school site property with an "X", as did his wife, Sarah.

By the early 1880s, the Linn's Valley School had two teachers and an enrollment of over a hundred students. Some of the school's early teachers were Rachel Morrison, Nell and Josephine Gurnette, Nettie Collins, Jennie and Fannie McCamy, Will Morrison, Lou Carver

and Sarah Campbell. Other early teachers, all of whom would later be elected to the position of county superintendent of schools were L.A. Beardsley, F.S. Wallace, Robert Stockton, Alexander McPherson and J.H. Berry.

Petitions and other records indicate that on several occasions the Linn's Valley board of trustees made strong attempts to expand the district's territory. A petition submitted to the Board of Supervisors on February 5, 1900, asked that Linn's Valley be allowed to annex several sections of land from surrounding districts. The reason given was to "gain more Property Whereby said School District may Levy a Tax on said School District Sufficient to build a new Schoolhouse and improve the School grounds." Two of the districts slated to lose territory should this request be granted - the Joiner and Poso Flats districts - sent letters of protest to the Board of Supervisors, both dated February 10, 1900, and both strongly opposing any change in boundaries. Initially, the request from Linn's Valley was granted, but then rejected with no explanation offered.

In November, 1914, a petition for a change in school district boundaries was once again submitted to the Board of Supervisors, this one asking that a portion of the Joiner School District be annexed to Linn's Valley. The petitioners stated that, while they did indeed live in the Joiner district, their places of residence were closer to Glennville and approval of the requested boundary change would make it easier for their children to get to school. That request was granted.

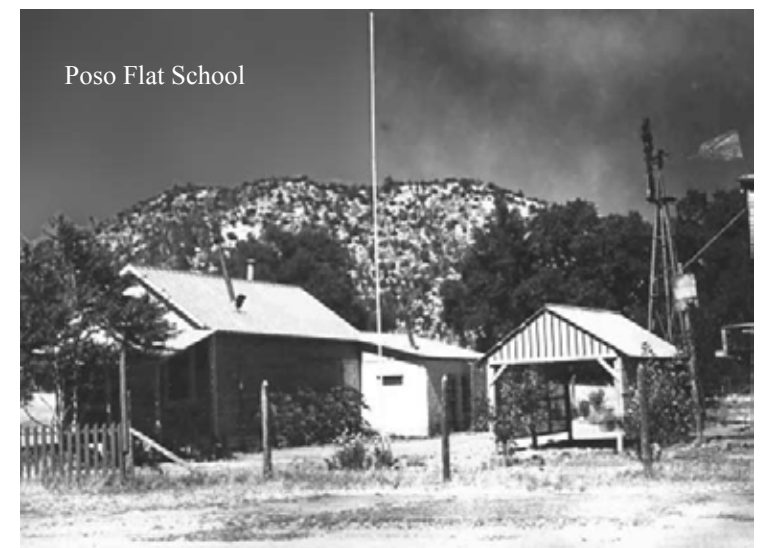
In January, 1917, a petition was submitted to the Board of Supervisors asking that portions of the Wicker, Kernville and Joiner districts be annexed to Linn's Valley. Again there were letters of protest from residents of the Wicker and Joiner districts but this time to no avail.

Enrollment in these small districts was closely monitored by the county superintendent of schools and should a district's average daily attendance fall to five or fewer students, that fact was reported to the Board of Supervisors. The district was usually ordered to close its doors and give its territory and remaining students over to an adjacent district. Several small districts, including Wicker and Joiner, had been under such scrutiny and all were eventually declared lapsed and annexed to the Linn's Valley district.

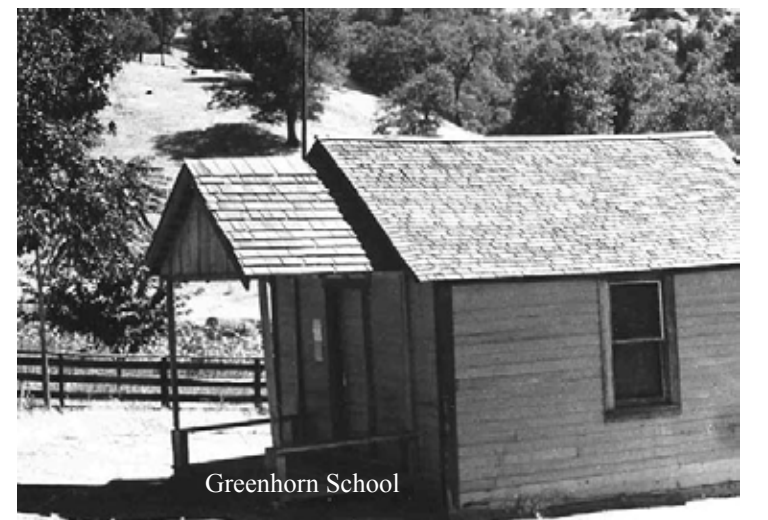
Note: Prior to 1971, requests that resulted in changes in district boundaries had to be approved by the Board of Supervisors. Such matters now require the approval of the Kern County Committee for School District Organization.

The Wicker School District had been formed in 1872 from territory formerly in the Linn's Valley School District. The Wicker schoolhouse was located in an isolated area some three miles north of Glennville. An 1896 roster of Kern County teachers lists Henrietta Laver as the teacher at Wicker which, at the time, had an enrollment of twenty-two students. Enrollment had obviously declined and reached a critical level when the letters of protest were filed in response to Linn's Valley's petition of 1917. In 1919, the district was declared lapsed and its territory returned to Linn's Valley.

The Rural School District, formed in 1887, had an average daily attendance of fourteen students



Poso Flat School



Greenhorn School



By Paula Francis

Cowboy Goes Army!

In our May edition of *In The Loop* we highlighted local college-bound students from our mountain family. As the paper went to print, one high school graduating senior, Andrew Francis, was still awaiting news that would determine his future,



l-r The proud Francis Family: brother Ethan, Cadet Andrew Francis, dad Daran & mom Paula at West Point.

news that would defy seemingly insurmountable odds. But in late April, just eight months after surviving a near-fatal dirt bike accident and the scapular reconstruction that followed, Drew

received the news he had dreamed about for years. Andrew Francis received an appointment to the United States Military



UNITED STATES MILITARY ACADEMY
WEST POINT®

Academy at West Point; he would be joining the ranks of the Army's Long Gray Line at this historic university. On July 2nd, only five weeks after his high school graduation, Drew reported to West Point, New York, for six weeks of Cadet Basic Training (CBT), affectionately known as "Beast Barracks." After successfully "slaying the beast" and completing CBT, Drew and his fellow classmates (1198 total) were formally accepted in the Corps of Cadets on August 16th and their academic year began early on the morning of August 18th.

Drew also competed and made the USMA Pistol Team. He was one of six "plebes" (a freshman at a military or naval academy) selected to join the team. The USMA Pistol Team trains team members in firearm safety and advanced marksmanship skills in order to compete in national intercollegiate pistol matches.

Collegiate pistol matches use both international pistol courses of fire and the Olympic Pistol Shooting Events to compete. Team members also train and compete in Conventional Pistol and Service Pistol courses of fire using accurized Army 45 and 9 mm pistols at the National Pistol Matches at Camp Perry, Ohio each year. The USMA Pistol Team traditionally competes against historic rivals: US Naval Academy, US Air Force Academy, US Coast Guard Academy,

US Merchant Marine Academy, the Royal Military College of Canada, and the top civilian colleges in the country. The USMA team has earned the National Intercollegiate Pistol Team Championship Title in four of the last six years. Join us as we wish Drew well at USMA.

GMVA Hall & Rodeo Grounds For Rent

The Greenhorn Mountain Veterans Association Rodeo Arena and Hall are available for rental to the general public!

The GMVA Rodeo Arena and Hall are the perfect place for your next event! It has hosted weddings, reunions, motorcycle clubs and junior rodeo events. Their prices are affordable and the facilities are beautiful.

Price List

- Hall: Includes main hall, kitchen, parking and tables and chairs. \$300 per day
- Hall and BBQ Area: Includes main hall, kitchen, parking, tables and chairs and BBQ area. \$375/day
- Meeting Room: Inside the Hall there is one meeting room that will seat approx. 25 people. Rental (4) hours max. \$25
- Rodeo Arena and Grounds: Includes outdoor restrooms, BBQ area, parking and arena. \$250 per day
- Entire Facility: Includes Hall, Arena, Campground, outside bathrooms and parking. \$500 per day

All rentals require a cleaning deposit. For information on renting the GMVA Rodeo Grounds, please contact Bret or Erin Rogers at gbrelr@aol.com or visit www.glennvilleroodeo.org for additional information.

YOUR MISSION: BE SO BUSY LOVING YOUR LIFE YOU HAVE NO TIME FOR HATE, REGRET OR FEAR.

YOU WILL FIND THAT IT IS NECESSARY TO LET THINGS GO; SIMPLY FOR THE REASON THAT THEY ARE HEAVY.

**LET'S EAT GRAMMA
LET'S EAT, GRAMMA
PUNCTUATION SAVES LIVES**

GLENNVILLE RODEO

2015 Rodeo Moves to 1st Weekend in June



Rodeos are a tough business! Of course there is the danger of crawling on a 2000 pound bull for 8 seconds or trying to jump off a horse and stop a hard running steer...those are dangers we can all see. But for those of us behind the scenes, we have to be looking around all the time at those things that could draw our contestants and fans away from

our very own Glennville rodeo.

Such is the case for the 2015 rodeo. For several years we have been the "Second Sunday of June" and that has worked well for us. We are not the same weekend as the Santa Maria Rodeo and usually not the same weekend as other nearby rodeos such as Livermore. However this year, the PRCA made us aware of a conflict that could greatly impact our rodeo. We all work too hard to put our rodeo at a disadvantage, therefore we need to be open and flexible to ensure our continued success. So mark your calendars now, because for 2015 the 67th Annual Glennville Rodeo will be on the "First Sunday" of the June...**June 7, 2015**. This will ensure that we will not conflict with the bigger Livermore Rodeo on June 13-14th and give the cowboys and rodeo fans that will be at the Santa Maria Rodeo during Memorial Day an opportunity to attend our rodeo the very next weekend.

With all that said, we are back to where the Glennville Rodeo started, years ago, on the "First Sunday of June". The full schedule for the rodeo weekend is on our website at www.glennvilleroodeo.org. We will keep working hard to make the Glennville Rodeo the best and biggest one day rodeo in the nation and we are very grateful for your support!



DENNIS MARIOTT

DENNIS@MARIOTTWELDING.COM

CELL 661-201-7975

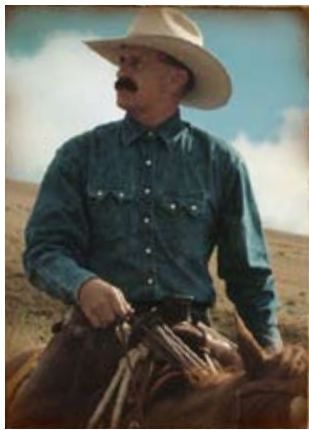
OFFICE & FAX 661-393-6400

LIC. 803585

MARIOTT WELDING, INC.

1014 BLACK GOLD RD, BAKERSFIELD, CA 93308

Cowboy and Cowgirl Sweethearts Celebrate Valentine's Day in Glennville



Valentine's Day welcomes all sweethearts to celebrate their love with cards, candy and roses. On Friday, **February 14, 2014**, the GMVA will help lovers young and old celebrate in style with a delicious dinner, beautiful rose filled decorations, chocolates and wine on every table. Music will fill the hall, romancing couples with the award winning music of R. W. Hampton.



Tickets go on sale
January 1 2015

RW HAMPTON
AUSTIN TO BOSTON

R.W. Hampton Awards

ACADEMY OF WESTERN ARTISTS (AWA)

Male Vocalist of the Year, 2006
Male Vocalist of the Year, 2002
Male Vocalist of the Year, 1999
Album of the Year, *Ridin' The Dreamland Range*, 1997
Entertainer of the Year, 1996
Male Vocalist of the Year, 1996

AMERICAN COWBOY CULTURE AWARDS

Lifetime Achievement Award, 2009

NATIONAL COWBOY & WESTERN HERITAGE MUSEUM WRANGLER AWARD

Outstanding Original Western Composition, *Shortgrass*, 2011
Outstanding Traditional Western Album, *Oklahoma ... Where The West Remains*, 2008
Director's Award for Excellence in Original Music and Dramatic Presentation, *The Last Cowboy - His Journey*, 2000

WESTERN MUSIC ASSOCIATION (WMA)

WMA Hall of Fame, 2011
Outstanding Vocalist - Male, 2010
Traditional Album of the Year, *Oklahoma ... Where The West Remains*, 2008
Song of the Year, *For The Freedom*, 2006
Male Performer of the Year, 2004

Visit www.glennvilleroodeo.org for more information on this exciting evening.

R.W. Hampton is one of the leading Western Entertainers in America today. His fans come from all walks of life. He's loved by cowboys, cowgirls, ranch hands and rodeo stars, but also by people who have never seen a cow up close — or cared to. A singer, songwriter, actor and entertainer, R.W. is known for his authenticity, his patriotism, his family values and Christian beliefs.

Blessed with a wonderfully rich baritone voice, his songs and genuineness resonate with audiences worldwide. R.W. has lived what he sings about, and the world of early mornings, hard work, rough horses, maverick cattle and new ranges fits him. After twenty-two years in the entertainment business and over 15 national awards from his peers, R.W. is still pure cowboy; singing about what he loves best. He is today's voice of Cowboy Music.

Preview his music at www.rwhampton.com. Tickets to this valentines dinner are guaranteed to be sell out fast. Tickets go on sale January 1, 2015. Reserve your tickets by contacting Erin Rogers at 661-536-8941 or email gbrerl@aol.com.

Scholarships Awarded to Local Students

The Kern County Cattlemen and Kern County Cattlewomen Associations are proud to support young people in our community through their scholarship programs. Each year both associations give scholarships to students who are pursuing a higher education in a field that is connected to the beef industry.

2014 Kern County Cattlemen Association recipients are:
Abby Grisedale, Shannon Carver, and Andrew Francis

2014 Kern County Cattlewomen Association recipients are:
Dustee Albitre, Oscar Alavarez, Jacob Rogers, Teighlor Baugher, Drew Francis, Shannon Barnett, Abby Grisedale, Lee Yantis, and Victoria Warner



Changes in Local Postal Service

Changes to the post office hours effective Jan 1, 2015:
Woody Post Office will be open 8am-12Noon (m-f)
Glennville Post Office will be 6 hrs per day (m-f)
Posey Post Office is already at 4 hrs per day.

Daryl Bowman, Postmaster at Woody Post Office for 20 years, is retiring on Sept 30th. Daryl has also served on the Blake School Board since 1996. Congratulations Daryl on your retirement.

Serving the
Greenhorn Mountain communities.

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Realtor[®], GRI



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Member Greenhorn Mountain
Veterans Assoc.

Posey Area Fire Auxillary



Campus Life Presents:
**7th Annual
 RIDE 4 YOUTH
 BBQ**



Saturday, October 4, 2014
GMVA Rodeo Grounds
Glennville, CA
11:00 am - 1:00 pm
Lunch served at 12 Noon

Don't Miss this Awesome Event!

Saturday, October 4th at the Greenhorn Mountain Veteran's Association Community Hall and Rodeo Grounds the Annual Campus Life Ride 4 Youth barbecue and auction will be held.

Campus Life has had clubs in Blake and Linns Valley schools for over 20 years. They have also conducted work days to help Sierra Christian Camp and the GMVA Rodeo for the past 2 years.

This will be their 7th annual Ride 4 Youth Barbeque and it is the third year they are holding it at the GMVA Rodeo Grounds in Glennville. A bbq meal ticket can be purchased for \$10.00 per adult, \$5.00 for children ten and under. Tickets can be purchased in advance through Denise Hatton, Jim Lewis, Pastor Bruce Hatton or the Campus Life office in Bakersfield. Tickets can also be purchased at the door at the time of the event.

A brief Campus Life Presentation will finish off the wonderful day.

Best of Bike Contest
Prize Glveaways
Silent Auction
Super Raffle



**Small Miracles Benefit
 Dinner & Auction**

*Dinner, Friends, Surroundings...
 Perfection*



Small Miracles Dinner Kitchen
 QUEENS - l-r Kathy Ervin, Carrie Schreffler, Gayle Jaspar

Small Miracles Benefit
 Dinner - Yolanda Pewitt
 did her magic AGAIN!



Small Miracles Dinner BBQ Crew
 l-r Don, Mike Grisedale, Daran Francis, Dee Jaspar & Rick Grove

Success! 66th Annual Glennville Rodeo
Cont'd from page 1

members, and worked hard for many months to regain enough strength to make the trip from a southern California hospital to return to Glennville for the parade and rodeo. Stanley showed us all why he is indeed a great generation of men!

Special Friend! The Board of Directors also chose to honor Mary Trichell and the WA Thompson Distributors for their many years of sponsorship of the Glennville Rodeo. Ray Trichell, founder of WA Thompson, was a faithful supporter of the rodeo and would never miss riding in our rodeo parade. Mary honors her husband's memory by taking a special interest and generous investment in the Glennville Rodeo. It was truly a pleasure to honor Mary and her family for their incredible support!

We could also mention that the rodeo made a net profit of about \$40,000—all of which will be used to upgrade our Rodeo grandstands! Now that is what we call a **SUCCESS!**



Here come the Muttin Busters



READY TO RIDE!



Bobby Kerr Mustang Act - the rodeo audience LOVED every minute of this daring performance. Thank you Dee Jaspar & Associates for sponsoring this excellent show.



Nail Biting Rodeo Action



Parade Color Guard - USAF Veteran
 Chester Chapman leads the group proudly
 holding the American flag.



**BE A PROUD SPONSOR
 OF THE 67th ANNUAL
 GLENNVILLE RODEO**

*Help support the Greenhorn Mountain
 Veterans Association and the Small Miracles
 Foundation as a sponsor / advertiser for the
 67th Annual Glennville Round-Up Rodeo!*

*For more information visit our web site at
www.glennvilleroodeo.org*



GMVA Members Diana Schill & Kathy Ervin
 kept all contestants well nourished.



Rodeo Princess Jaida Melton



Photos courtesy of Paula Francis

Award-Winning Beef Cook-Off Recipes

Nuevo Chipotle Beef In Butternut Squash Boats



Total Recipe Time:
2 to 2-3/4 hours

Makes 4 servings

Ingredients:

1-1/2 pounds beef Stew Meat
1/3 cup water
1/4 cup tomato paste
2 tablespoons brown sugar
2 tablespoons balsamic vinegar
2 teaspoons ground chipotle chile pepper
1 teaspoon ground cumin
1/2 teaspoon salt
1/2 teaspoon ground black pepper
1 medium butternut squash (about 3 pounds)
1-1/2 cups water
1 medium tomato, chopped
1 small ripe avocado, cut into cubes (optional)
1/4 cup chopped fresh cilantro

Instructions:

Preheat oven to 325°F. Place beef, water, tomato paste, sugar, vinegar, chipotle pepper, cumin, salt and black pepper in stockpot. Cover and bake in 325°F oven 1-3/4 to 2-1/4 hours or until beef is fork-tender.

Meanwhile cut squash lengthwise into quarters; remove seeds. Place squash cut side down in 13 x 9-inch glass baking dish, overlapping if necessary. Add water. Bake in 325°F oven 1 to 1-1/4 hours or until fork-tender.

Place each baked squash quarter onto serving plate. Fill with equal amounts of beef mixture. Top with tomato and avocado, if desired. Sprinkle with cilantro.

Cook's Tip:

One tablespoon minced, seeded chipotle pepper in adobo sauce may be substituted for ground chipotle chile pepper. Cook's Tip: Chipotle beef mixture may also be cooked on the stovetop. Bring beef mixture to a boil. Reduce heat; simmer, covered, 1-3/4 to 2-1/4 hours or until beef is fork-tender. Cook's Tip: Use the internet to easily locate ethnic or hard-to-find foods when specialty markets are not nearby as many ingredients may be available via mail order.

Recipe Courtesy of Beef Checkoff
For more extraordinary recipes visit
www.beefcookoff.org.

JOIN US FOR HOLIDAY GIFT & CRAFT FAIRE

November 29

The 2014 GMVA Holiday Gift & Craft Faire will feature local artisans with western type items, home décor, jewelry, quilts, linens along with embroidered goods, and unique gifts for the whole family. This year's event will be held on Saturday, November 29th at the GMVA Community Hall, located in downtown Glennville. Doors open at 8 AM and the shopping continues until 3 PM. What a great and easy way to get your Christmas shopping started (or finished!). Support our local friends and neighbors with your purchase of quality items that will be treasured for years to come.

Pam Manny, our Holiday Faire Coordinator, is still accepting vendors for this year's event. Vendor Spaces will vary: \$25 per table, (spaces vary depending on size or if power is needed) To register as a vendor, please contact Pam Manny at 661-444-1319 or at pammeone@aol.com.

GMVA will also be offering their special breakfast and lunch items throughout the day. Come bring the whole family for a great shopping and delicious food!

JOIN US FOR ALL THE FUN!



The Greenhorn Mountain Veterans Association (GMVA) meets the 1st Thursday of each month at the GMVA Community Hall in Glennville, CA. Meetings begin at 7 pm and the public is welcome to attend. What a great way to serve your community, meet your neighbors and have fun. Membership is open year round. For more information visit our website at www.glennvilleroodeo.org.



POSEY COMMUNITY CHURCH

Pastor Greg Cootware
Campinero Road, Posey
Worship Time at 10 am

ELBERON COMMUNITY CHURCH

Pastor Bruce Hatton
Hwy 155 Woody, CA
Worship Time at 10 am
Children's classes available

MOUNT CARMEL COMMUNITY CHURCH

Pastor Harrell Knox
Glennville, CA 536-8238
Worship Time 10 am
Children's classes available

School Bus Safety Week October 20-24, 2014

Be Smart - Be Seen

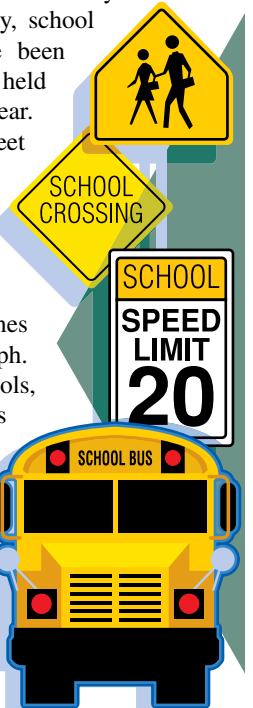
National School Bus Safety Week is an active and evolving public education program. It is an excellent way for everyone; parents, students, teachers, motorists, school bus operators, school administrators, and other interested parties to join forces and address the importance of school bus safety.

Designed to promote school bus safety, school districts throughout the country have been observing a School Bus Safety Week - held during the third week in October each year.

When driving within 500 to 1,000 feet of a school while children are outside or crossing the street, the speed limit is 25 mph unless otherwise posted. Also, if the school grounds have no fence and children are outside, never drive faster than 25 mph. Some school zones may have speed limits as low as 15 mph. Always drive more carefully near schools, playgrounds, parks, and residential areas because children may suddenly dart into the street. Also, many children have not yet developed the ability to judge speeds and distances well enough to cross streets safely when cars are moving fast.

Near schools, look for:

- Bicyclists and pedestrians
- School safety patrols or school crossing guards. Be sure to obey their directions. For the crossing guard's safety, allow him or her to safely get to the side of the road before driving ahead.
- Stopped school buses and children crossing the street. Some school buses flash yellow lights when preparing to stop to let children off the bus. The yellow flashing lights warn you to slow down and prepare to stop. When the bus flashes red lights (located at the top front and back of the bus), you must stop from either direction until the children are safely across the street and the lights stop flashing. The law requires you remain stopped as long as the red lights are flashing (CVC §22454). If you fail to stop, you may be fined up to \$1,000 and your driving privilege could be suspended for one year.



SUDOKU CHALLENGE

						9		
		4				5	3	
2		3		1				
1		9		2		7		
6	3		4				1	
					1			3
	2		5	4				
4				3	7			6
3							8	

Answers on page 9

Level: Intermediate

The objective is to fill a 9×9 grid with digits so that each column, each row, and each of the nine 3×3 sub-grids that compose the grid (also called "boxes", "blocks", "regions", or "sub-squares") contains all of the digits from 1 to 9.

History of Linns-Valley School District
Cont'd from page 4

during its first year of operation. The Rural schoolhouse was located about halfway between Glennville and White River. The teacher at Rural School in 1896 was Mattie Laver and the enrollment at that time was sixteen students. The Rural district lapsed and was annexed to Linn's Valley in 1904.

The Glennville School District was established in 1880 but never became operational. It was a huge district, covering some 509 square miles, and included not only all the territory of the present day Linn's Valley-Poso Flat district but portions of a number of districts as far away as Delano and Bakersfield.

The Greenhorn School District had been formed in 1917 from territory formerly in the Poso Flats School District. Greenhorn, first called Petersburg after Peter Gardett who owned and operated a store there, began as a mining camp. The schoolhouse, along with a teacherage, was located on Rancheria Road approximately halfway between the point where that road leaves Highway 178 and the summit of Greenhorn Mountain. Due no doubt to its remoteness and the difficult road one had to traverse to get there, teachers were not drawn to that assignment and consistently remained only a year before moving on. From its opening in 1917 to its closure in 1945, the Greenhorn School began each year with a different teacher. The Greenhorn district was suspended in July of 1943 but not declared lapsed until August 6, 1945. At that time it was annexed to Linn's Valley.

The Granite Station School District was formed in July of 1880, shortly after the formation of the Glennville School District. Oddly enough, the prescribed boundaries of the two districts included some territory held in common. The details surrounding the formation of these two districts remain murky. Neither ever built a schoolhouse or elected a board of trustees.

The Granite School District was formed in 1876 and lapsed in 1949. The school was located at Granite Station in the foothills below Linn's Valley. Average daily attendance peaked at twenty pupils in 1883-84 but declining enrollment prompted suspension of operations in 1944. The district was declared lapsed five years later. Robert Stockton, who was to serve as county superintendent of schools from 1903 to 1914, taught at the Granite School for 22 years, from 1881 to 1903.

The Lower Kern River School District was formed in February, 1867, from that portion of the Linn's Valley School District "comprising Township No. 5", but there is no further mention of the district in the minutes of the Board of Supervisors or the records of the county superintendent of schools so it seems unlikely that the district ever became operational.

The Poso Flat School District, formed in May, 1885, had an average daily attendance of nine pupils during its first year of operation. Enrollment peaked at 24 in 1939-40. In 1955, an agreement was reached between the Linn's Valley and Poso Flat school districts to consolidate their territories, a move that led to the formation of the Linn's Valley-Poso Flat Union School District. That same year, the old Linn's Valley schoolhouse was abandoned and a set of modern new classrooms built in its place.

The Linn's Valley-Poso Flat School of today offers a modern curriculum with strong emphasis on language arts. The district has recently developed a new multi-media center that includes a new library and access to the internet at seven new computer stations. The school is presently (2009) staffed by one teacher and three aides. Essential services such as speech, special education, and the resource specialist program are provided as needed by the Kern County Superintendent of Schools.

In 2002, a \$340,000 bond election, the first bond election ever held in the district, won the approval of the voters. The bulk of the revenue from the sale of the bonds was used to remodel the kitchen facility, refurbish classrooms, and upgrade doors to meet current safety and disability standards. The remainder was used for the purchase and installation of playground equipment.

Linn's Valley's enrollment history is characterized by well-defined peaks and valleys, as illustrated below.

- 1963-64 - 59 students
- 1982-83 - 82 students
- 1986-87 - 98 students
- 1973-74 - 45 students
- 1985-86 - 95 students
- 1988-89 - 113 students.
- 1994-95 - 104 students
- 1998-99 - 66 students
- 2003-04 - 46 students
- 2007-08 - 20 students

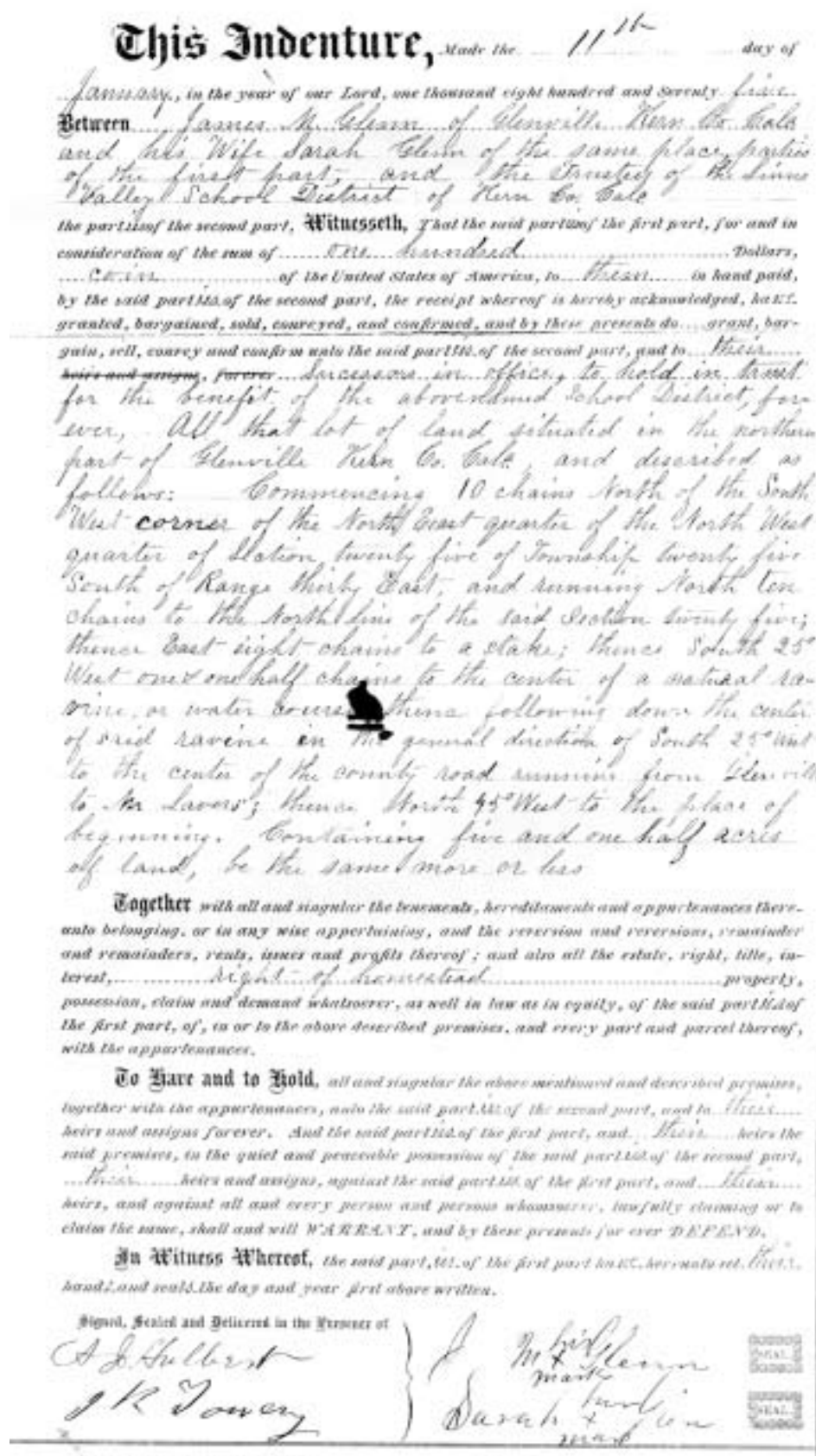
Current enrollment (August 2014) is 35 students.

In 1997, through an agreement with the Hot Springs School District, Linn's Valley extended its boundaries to include a small portion of Tulare County. The purpose of the boundary change was to facilitate transportation of students who live in an isolated area near the line separating Kern and Tulare counties. Currently there are seven students from the Hot Springs district attending the Linn's Valley School.

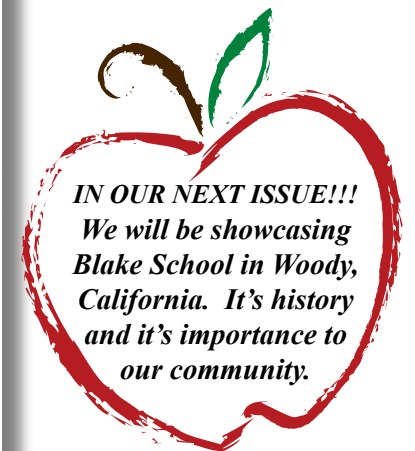
The district's low and declining enrollment is attributable to

a couple of factors the most prevalent being the large number of children in the community who are being home schooled. In 2009, twenty-eight students who resided in the district were being taught at home. That problem was compounded by the fact that most new residents to the area were retired couples with no school-age children. Families with young children who would like to move to Glennville were not doing so because there were few jobs to be had.

The present superintendent of Linn's Valley-Poso Flat Union School District is Kay Yarger who serves as a liaison between the school district and the office of the Kern County Superintendent of Schools, providing direction and guidance to the district on a part time basis. Other recent chief administrators have been: Rita Brock (1970-72); Gary Bray (1972-82); John Barnes (1982-92); Bob Chrisman (1992-96), Gary Mullen (1996-2000); Michelle Antonell, Principal (2000-01); Kevin Silberberg (2001-02); Tammy Rhoades Pritchard served as Principal in 2002-05, and then as Superintendent/Principal 2005-07. Mark Fulmer was Superintendent and Kay Yarger was Lead Teacher in 2007-08. There are currently (2014) two teachers.



JAMES & SARAH GLENN
 SELL **. ACRES OF LAND
 TO LINNS VALLEY SCHOOL
 DISTRICT, JANUARY 33, 345*.
 (NOTE THAT BOTH SIGNED
 WITH AN "X").



IMPORTANT NUMBERS:
 Sheriff Deputy Reed Lovan
 661-201-6365
 Dispatch 661-861-3110

Soduko Answers
 Play on Page 8

7	1	8	3	6	5	9	4	2
9	6	4	2	7	8	5	3	1
2	5	3	9	1	4	8	6	7
1	8	9	6	2	3	7	5	4
6	3	7	4	5	9	2	1	8
5	4	2	7	8	1	6	9	3
8	2	1	5	4	6	3	7	9
4	9	5	8	3	7	1	2	6
3	7	6	1	9	2	4	8	5

History of local Sierra Christian Service Camp



Christian Campground, Conference Center, and Guest Rental Facility continues to grow

At the close of World War II the need of a summer camp for the young people of local churches was recognized by the ministers of the area. So with the recognized need in mind and an interest to do something about it, a group of ministers formed what is now known as the "Sierra Christian Service Camp".



The first camp session was held at Lake Sequoia and Brother Alvan Tiffen, at that time the minister of the Tulare Church, was the first director. Several years later the camp was moved to the Kern County summer camp on Greenhorn Mountain for a short period of time, then moved to Whitaker Forest in Sequoia National Park in 1953.

Until 1957 the camp met for one week including the high school and college age young people. The decision was then made, because of growth and need for the junior young people, a second week was added to the camping schedule known as the Junior High School Camp. This included those attending the sixth through eighth grades.

After several years of successful camping and growth, Whitaker Forest was closed down by the owners, (the University of California), and it was moved back to Greenhorn, and then again to Camp Millwood, Lake Sequoia until 1966.

During those years the camp prospered and grew and the need for larger and better camping facilities prompted the leaders to incorporate the camp. In May of 1961 the camp was incorporated as the "Sierra Christian Service Camp, Inc". This enabled the camp to purchase and own real property. Now the search was on with all of the members looking into every location that was offered as a possible campsite. In November of 1964 the present property of 80 acres, located above Balance Rock on Old Stage Road in Posey, California, was purchased.

The dreams of having their own camping session on their own property were realized on August 13, 1967.

Because of a necessity, the decision to start construction of a new camp was made. Plans were laid out, committees were chosen by Chairman, Keith Sink. Under Keith's leadership construction was started with the clearing off of the mountain side for the grading and construction of a road to the campsite. This operation was carried out through the winter months with the men from the churches in the valley coming up to help. In the early spring of 1967 the road was constructed with the

men of the valley again using their knowledge and talents to complete this engineering feat. In May, 1967 a well was drilled and the installation of a pump. With this completed and the electricity installed, they were ready for the real task ahead; building the modern restrooms, shower facilities, and kitchen with the necessary and adequate sewage and disposal system.

On July 4, 1967 a pit barbecue was held in order to promote the interest of the church members and to acquaint them with the camp potential. With interests raised, work started on the buildings with the goal of finishing the restrooms and kitchen and having camp ready for the camping session to start August 13, 1967.

Today they have a pool, kitchen, dining room, a pond, plus 13 cabins and other staff facilities. There are big plans to keep growing as well; with plans for the completion of an irrigation system, the addition of several cabins, and even the addition of a new lodge, camp store, coffee shop, gymnasium and game room.

Status of the current remodel project:

The Site: Cabins 9 & 10

The Cost: Estimated \$60,000 Raised so Far: \$14,868.00



The Timeline: Estimated 1-2 years (pending research and funding sources).

The Goal: New deluxe cabins 9 & 10 will be built as a 4 room dorm building, with toilets and showers inside each private cabin. Creation of cabins 9 A, 9 B, 10 A & 10 B: (Four new independent cabins) with full size cabins sleeping 12, and half cabins sleeping 6. The total structure will sleep up to 36.

More information regarding Sierra Christian Camp can be found at www.sierrachristianservicecamp.org.



KCCA Sporting Clay Shoot

November 1, 2014
5 DOGS SHOOTING RANGE

The Kern County Cattlemen's Association (KCCA) has been dedicated to the preservation and improvement of the cattle industry in our area for many decades. We strive to keep our members up to date on the latest industry information regarding animal health, beef marketing, best management practices, environmental issues, and private property rights.

The KCCA is affiliated with the California Cattlemen's Association (CCA) and send representatives to the state meetings to stay involved with issues that affect producers in the Kern County area. They work with local, state, and federal governmental and regulatory agencies to prevent passage of laws, rules, and regulations that would be detrimental to the cattle industry, and promote changes that would be beneficial to the industry.

KCCA supports the community through youth scholarships for students who are pursuing a degree in agriculture and donations to local organizations that support the industry.

One of the fund-raisers sponsored by the County Cattlemen's Association is their upcoming **8th Annual Sporting Clay Shoot** November 1, 2014. This year part of the proceeds will benefit the local Friends of the NRA.

Join the KCCA
November 1, 2014
Team Money Remitted by October 25, 2014
Check In: 8:30 am
Shooting: 9 am until done
Tri-tip BBQ will be held after the shoot
For **CLAY SHOOT** information and registration forms contact
Carl Twisselman II at 661-762-7528

Wildflower Designs
Floral Design - Weddings & Special Events
Hand Crafted Greeting Cards
Pam Manny
661.444.1319 pammeone@aol.com

El Gato Villa Rescue
Cats & Kittens Available for Adoption - \$75.00
All spayed/neutered!
Missy Bernhardt
661.331.8326
We also have a 7 year old border collie looking for his "forever home"
gatovillarescue@gmail.com
www.facebook.com/ElGatoVillaRescue

Flying U Rodeo and the Flying Ewe at the Rodeo.....go figure!



Photos courtesy of
Paula Francis

TOP 10 Things to Remember

As we begin a new school year

By Jayme Melton

- 10 Have kids turn off the electronics, and make sure you do, too! Try having a conversation with words around the dinner table rather than via texts and snap chats! Turn off the T.V. and video games. Try going for a walk, playing catch, or a board game instead.
- 9 If your child is in intermediate grades or older, they need to become familiar with deodorant and daily showers - especially on hot days!
- 8 Check your child's homework. Make sure they're practicing the correct way, not just filling in the blanks with random answers. You wouldn't want them to practice driving incorrectly, so don't let them practice homework incorrectly, either.
- 7 If you have a question or concern regarding your child or something that has taken place at school, contact the teacher immediately. Unless they are out sick, most teachers try to get back to parents within 24 hours.
- 6 You are your child's first and most influential teacher. They are paying very close attention, even if it doesn't always seem like it. The things they see and experience at

home are the things that will have the greatest impact on them for the rest of their lives.

- 5 Set high standards. With children, the sky is the limit! Let them soar!
- 4 Have a plan for underachievement. Accountability is key. Instilling a good work ethic now will help prepare our kids for the real world.
- 3 Don't let words like "Common Core" scare you. Talk to your child's teacher or the school administrators about how this will be implemented in your school and how it will affect your child. Express concerns with kindness and patience.
- 2 Remember that most teachers went into this field of work because they love children. They're on your team, and want each child to be successful. Give them the benefit of the doubt, and keep the lines of communication open.
- 1 Love on your kids. Smother them with hugs and kisses daily. Be there for them, pray with them, discipline, and talk to them. They really do grow up too fast!

8 Myths about Meat

Cont'd from page 2

risk of cancer, especially colon cancer. But when it comes to unprocessed red meat, things aren't as clear.

Although several studies suggest that even unprocessed red meat can raise the risk of cancer, review studies that pool the data from many studies at a time show a different picture. Two review studies, one that looked at data from 35 studies and the other from 25 studies, found that the effect for unprocessed red meat was very weak for men and nonexistent for women.

However... it does appear that the way meat is cooked can have a major effect on its health effects. Several studies show that when meat is overcooked, it can form compounds like Heterocyclic Amines and Polycyclic Aromatic Hydrocarbons, which have been shown to cause cancer in test animals.

There are several ways to prevent this from happening... such as choosing gentler cooking methods and always cutting away burned or charred pieces. So the answer is not to avoid red meat, but to make sure not to burn it.

Keep in mind that overheating can cause harmful compounds to form in many other foods. This is NOT exclusive to meat.

Bottom Line: The link between unprocessed red meat and cancer is very weak in men and nonexistent in women. This may depend on the way meat is cooked, because overheating can form carcinogens.

5 Humans Are Naturally Herbivores and Not "Designed" For Meat Consumption

Some vegans claim that humans aren't "designed" to eat meat. They say that humans are naturally herbivores like our primate ancestors.

However... this is completely false. Humans and pre-humans have been eating meat for a very long time and our bodies are well adapted to meat consumption. Our digestive systems really don't resemble those of herbivores at all.

We have short colons, long small intestines and lots of hydrochloric acid in the stomach to help break down animal protein. The length of different parts of our digestive system is somewhere in between the lengths typical for both carnivores and herbivores, indicating that humans are "designed" to be omnivores.

It is also believed that our consumption of animal foods helped drive the evolution of our large brains, which set us apart from any other animal on earth. Humans function best eating both animals and plants. Period.

Bottom Line: Humans are well equipped to make full use of the nutrients found in meat. Our digestive system reflects a genetic adaptation to an omnivorous diet, with animal foods as a major source of calories.



2 Meat is Bad For Your Bones

Many people seem to believe that protein is bad for the bones and can lead to osteoporosis.

The theory goes like this... we eat protein, which increases the acid load of the body, then the body moves calcium from the bones and into the bloodstream to neutralize the acid.

There are in fact some short-term studies to support this. Increasing protein does lead to increased calcium loss from the body. However, this short term effect does not appear to persist because the long-term studies show that protein actually has beneficial effects on bone health.

There is overwhelming evidence that a high protein diet is linked to improved bone density and a lower risk of osteoporosis and fractures in old age. This is a great example of where blindly following the conventional wisdom in nutrition will lead to the exact opposite result.

Bottom Line: Despite protein causing increased calcium loss in the short term, the long-term studies show that a high protein intake is linked to improved bone density and a lower risk of osteoporosis and fractures.

7 Meat is Unnecessary

It is often claimed that meat is unnecessary for health. This is actually kind of true... most of the nutrients in it can be found in other animal foods.

But just because we can survive without it, it doesn't mean that we should... quality meat has many nutrients that are good for us. This includes quality protein, vitamin B12, creatine, carnosine and various important fat-soluble vitamins, which vegans and vegetarians are often lacking in.

Whole foods like meat contain way more than just the standard vitamins and minerals that we're all familiar with it. There are literally thousands of trace nutrients in there... some of which science has yet to identify. The fact is, humans evolved eating meat and evolution designed our bodies with these nutrients in mind. They are an essential part of the immensely complex biological puzzle.

8 Meat Makes You Fat

Meat is often believed to be fattening. This seems to make sense on the surface because most meat is pretty high in fat and calories.

However, meat also happens to be one of the best sources of highly bioavailable protein. Protein is the most weight loss friendly macronutrient, by far. Studies show that a high protein diet can boost metabolism by up to 80 to 100 calories per day.

There are also studies showing that if you increase your protein intake, you automatically start eating less of other foods instead.

Several studies have found that by increasing the amount of protein in the diet, people automatically cut calorie intake by several hundred calories per day, putting weight loss on "autopilot".

Eating more protein also tends to favour increased muscle mass. Muscle is metabolically active and burns a small amount of calories around the clock. Also, let's not forget that low-carb and paleo diets, which tend to be high in meat, lead to significantly more weight loss than diets that are lower in meat.

If anything, the more you eat of high quality meat (and less of other foods instead), the easier it should be for you to lose weight.

Message in a Bottle

When time is saved, lives are saved



Our local Lions Club is joining a national voluntary program for anyone living at home, who might be reassured to know that essential information would be readily available to the Emergency Services should they suffer an accident or sudden illness. The program ensures that vital information is available not only to identify you, but to advise of relevant illnesses, allergies, medication and contact addresses.

When time is saved, lives are saved.

When emergency services see medical information and personal details of a patient they can render safer and speedier First Aid by short cutting time consuming fact-finding enquiries about the patient. Fill out the short form, place it in the bottle and place the bottle in your refrigerator or vehicle glove box.

WHAT DO YOU HAVE TO DO?

Download the form from our website (or any Lions Club website). Complete the form using a ballpoint pen using BLOCK CAPITALS. Complete the back page, date and sign the form before placing in the bottle. A separate form must be filled out for each person in the household who suffers an illness or allergy. This campaign is supported by Ambulance, Police, Fire & Rescue Services, Emergency Doctors and primary care providers.

CLASSIFIED SECTION

VOLUNTEER HELP WANTED: GMVA will have two October workdays (but not quite sure of the dates yet). This will be to remove kitchen furniture/toilets in baths for the new flooring and then will have another work day to replace everything we removed. Contact Bret Rogers at 661-536-8941 for time and dates. ALL types of work experience is greatly appreciated. Everyone is invited to join all the volunteers to get this very important job accomplished.

Have something you would like to place in our Classified Section? Give us a call or visit our NEW website at www.glennvilleroodeo.org.

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Autumn Word Find

Find the hidden words in the puzzle.

AUTUMN
BROWN
COLORS
COOL

FALLING
LANDSCAPE
LEAVES
ORANGE

OUTSIDE
PILES
RAKE
RED



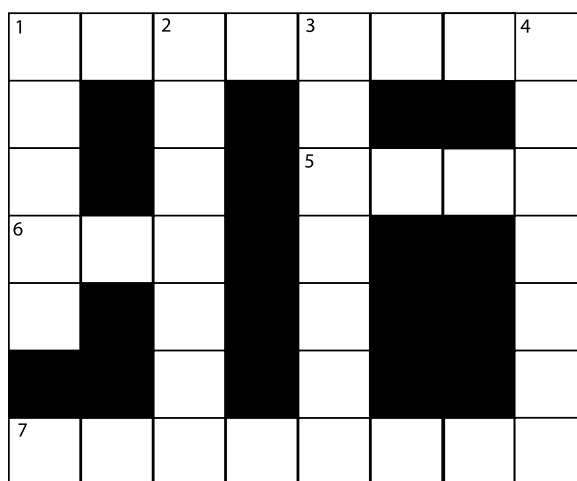
Get Scrambled

Unscramble the words to determine the phrase.

TAMUUN SADY

Answers: Autumn Days

Crossword Puzzle



ACROSS

- Communications
- Egg shape
- Emergency medical service (abbr.)
- Deduction of cost

DOWN

- Currency
- Detectors
- Green, bumpy fruit
- All products are sold

Answers:
Across
1. Messages 5. Oval 6. EMS 7. Discount
Down
1. Money 2. Sensors 3. Avocado 4. Sellout

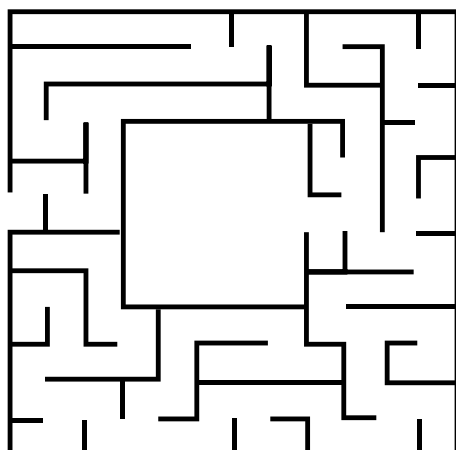
Guess Who?

I am a singer/songwriter born on September 23, 1949 in New Jersey. My songs celebrate everyday people and relate to the masses. I have won 20 Grammy Awards throughout my career.

Answer: Bruce Springsteen

Maze Craze

Can you find your way through the maze?



CRYPTO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to Oktoberfest. Each number corresponds to a letter. (Hint: 1 = e)

- A. 5 1 1 16
Clue: Alcoholic beverage
- B. 15 3 13 15 3 25 1
Clue: Minced meat food
- C. 25 1 16 20 3 4
Clue: Language
- D. 21 1 15 10 26 14 3 11
Clue: Period of celebration

Answers: A. beer B. sausage C. German D. festival

What's the Difference?

There are four things different between Picture A and Picture B. Can you find them all?



Answers: 1. Center girl missing feather headband 2. Girl on left has flower in hair 3. Girl on right is wearing green 4. Fence has color streaks

How they SAY that in...

- ENGLISH:** Hat
- SPANISH:** Sombrero
- ITALIAN:** Cappello
- FRENCH:** Chapeau
- GERMAN:** Hut

THIS DAY IN...



HISTORY

- 1957: THE BROOKLYN DODGERS PLAY THEIR FINAL GAME AT EBBETS FIELD.
- 1960: THE FIRST NUCLEAR-POWERED AIRCRAFT CARRIER IS LAUNCHED.
- 1996: THE U.S. AND THE WORLD'S OTHER MAJOR NUCLEAR POWERS SIGN A TREATY TO BAN ALL NUCLEAR EXPLOSIONS IN ALL ENVIRONMENTS.

Q: What did one flea say to the other?

A: Should we walk or take a dog?

Q: Why are dogs like phones?

A: Because they have collar IDs.

Did You Know?

IN 1901, THE DETROIT TIGERS BECAME THE FIRST BASEBALL TEAM TO ADD THEIR LOGO TO THEIR TEAM'S HATS.



Q: Knock, knock----Who's There?----Ashe----Ashe who?
A: Bless you!

Q: Knock, knock----Who's There?----Tank----Tank Who?
A: You're welcome!

